**Motivated Strategies for Learning Questionnaire\***

Please rate the following items based on your behavior in this class. Your rating should be on a 7-point scale where **1= not at all true of me** to **7=very true of me** .

Score range: [34, 238]

The higher the score, the more motivated the student is to learn.

The negative item’s score should be calculated in reverse. E.g. choosing 1 means 7, choosing 2 means 6.

1. I prefer learning materials that is challenging so I can learn new things.

2. Compared with others I expect to do well

3. I am so nervous during a test that I cannot remember facts I have learned

4. It is important for me to learn what is being taught

5. I like what I am learning

6. I’m certain I can understand the ideas taught in this course

7. I expect to do very well in the learning

8. Compared with others, I think I’m a good learner

9. I am sure I can do excellent job during a test

10. I have an uneasy, upset feeling when I take a test

11. I think I will receive a good grade

12. Even when I do poorly on a test I try to learn from my mistakes

13. I think that what I am learning is useful for me to know

14. My study skills are excellent compared with others

15. I think that what I am learning is interesting

16. I know that I will be able to learn the material

17. I worry a great deal about tests

18. Understanding this subject is important to me

19. When I take a test I think about how poorly I am doing

20. I ask myself questions to make sure I know the material I have been studying

21. It is hard for me to decide what the main ideas are in what I read

22. When work is hard I either give up or study only the easy parts

23. When I study I put important ideas into my own words

24. I always try to understand what the learning material is saying even if it doesn’t make sense.

25. When I study for a test I try to remember as many facts as I can

26. Even when learning materials are dull and uninteresting, I keep working until I finish

27. When I study for a test I practice saying the important facts over and over to

Myself

28. Before I begin studying I think about the things I will need to do to learn

29. I often find that I have been reading but don’t know what it is all about.

30. I find that when studying I think of other things and don’t really read to what is being said

31. When I am studying a topic, I try to make everything fit together

32. When I’m reading I stop once in a while and go over what I have read

33. When I read materials, I say the words over and over to myself to help me remember

34. When reading I try to connect the things I am reading about with what I already

know.

\*Pintrich, R. R., & DeGroot, E. V. (1990). Motivational and self-regulated learning components of

classroom academic performance*, Journal of Educational Psychology, 82*, 33-40.